

Sunday Service: Breaking the Yoke of Depression

7.9.14

The Word:

- One of the greatest offences that we can bring before God, is unbelief-unbelief will limit the power of God
- As Christians, we should always expect to experience the presence and the power of God
- Depression is characterised by: having no hope, a prolonged feeling of despair or sadness, and an inability to overcome life's obstacles. Often there is no hope, no joy, no peace, and a deep sadness
- Life's circumstances can offer trigger depression, and the symptoms of it
- As it relates to depression, the world is trying to deal with a spiritual problem on a natural level
- One of the main problems is the mind-sets that we hold, we all have mind-sets about different things
- The enemy will hold us captive to the mind-sets that we have. Sin and rebellion can give the enemy legal access which can become strongholds in our lives
- If there are areas of unrepentant sin then this is the place that we must start, come back to God, repent, and then allow Him to set us free from every yoke and bondage
- Sometimes we can actually feel a tangible shroud, or darkness, literally descending over our minds and thoughts. Fear, anxiety, unsoundness of mind-none of these things are from God. He gives us a spirit of **love**, of **power** and of a **sound mind**!
- We must learn to reject the thoughts that the enemy can put in our minds, and exercise the divine power to pull down every argument and stronghold in our minds
- We must not be lazy in this area, but rather exercise our authority as Christians, and take dominion over the enemy's schemes

Key Scriptures:

- Isaiah 59v1-8:" Surely the arm of the Lord is not too short to save, nor his ear too dull to hear. ²But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear...."

Notices:

LSD: Coming up this weekend on the 19th and 20th September at Springbank for all CG leaders. Remember to register by Tuesday 16th

Unashamed Conference: 9th-12th October- Registrations are now open

Building project Pledge Update: Sunday 28th September

Prayer Meeting: From 9am-10am every Sunday morning-come and join us for corporate prayer

Notes for the CG meeting: