

## Sunday Service: Breaking the Yoke of Depression cont.

21st September 2014

### The Word:

- In order to overcome something we must first understand it
- Our actions and reactions are determined by our **mindsets** and are often the product of a deeper issue
- Yoke: a wooden or metal bar placed upon the shoulders of oxen to control and limit their behaviour. The purpose of a yoke is to **restrict**
- The enemy will place yokes in any area of our lives if given access, for example in the area of finance: many Christians have an impoverished mindset, but this is not what God intended
- Yokes ultimately limit the blessing and power of God in our lives however Jesus came to break these yokes; we need to allow Him to
- As Christians we know an eternal and all powerful God, yet so often we tolerate the yokes and attacks of the enemy
- Many people find happiness but not true joy and peace; peace is found only in the presence of God
- There are two main reasons a person enters into depression: circumstances outside of their control, or when they stop being **transformed** in their mind
- The things outside of our control we must learn to surrender to God and trust in Him, this goes against our human nature which desires to be in control
- When a Christian does not know the Word of God they have nothing refute the enemy when he attacks and they do not realise their authority. The Word of God is our weapon!
- The supernatural power of God delivers us but we must maintain and protect our deliverance
- Keys for breaking the yokes: awareness, repentance, renewing of the mind and discipline/self-control

### Key Scriptures:

- John 16:33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

### Notices:

**Unashamed Youth Conference:** 9-12<sup>th</sup> October, register online or at the info desk

**Building Project Offering:** Sunday 28<sup>th</sup> September in 11am family service

**Celebration Business Brunch:** Saturday 27<sup>th</sup> September, 10am

**Celebration Twitter:** Text follow celebrationchch to 8987 to receive updates

### Notes for the CG Meeting: